



ETF SPARRING RULES

TAEKWONDO (Olympic Style) ^{6.0}

System - Categories – Protective Gear – Duration Time etc.: according to the tournament invitation

UMPIRES	1-2 – time-keeping, pool lists, maintaining the electronic scoring system 1 Referee, 2-4 Judges
<p>The positions of the judges can be rotated between the fights. In case of a draw, particular problems and special situations the majority of the judges decides. The Referee or the Head Referee decides a winner in case of a draw.</p>	
<p>Opening</p> <p>Start of the fight Separating the fighters Stopping the clock Resuming the fight End of the match</p> <p>Declaration of winner</p>	<p>On the command of the Referee the competitors bow to each other - 1. before the start 2. at the end of the match</p> <p>The Referee places his right or left arm between the competitors and starts the fight by lifting the arm (start signal) On the command by the Referee On the command by the Referee On the command by the Referee On the command by the Referee On the command by the Referee</p> <p>Directly after the end of the fight – announced by the Referee by lifting his/her arm in the direction of the winner (Red or Blue)</p>
<p>Scoring POINTS given by the Judges</p> <p>Additional POINTS given by the Referee</p>	<p>1 point will be awarded for a correct attack with the foot or the fist to the body (front and sides above the belt) or to the face. Attack to other targets, especially to the neck, back of the head, back of the trunk, groin as well as <u>any attack with the fist to the face/head is prohibited</u> (= illegal attack without intention to score).</p> <p>If the competitor loses his/her balance clearly when performing a technique, points should not be awarded. Points can be awarded as long as the Referee didn't stop or end the fight. An irregular point can be declared invalid through the majority decision of the judges. This has to be decided as soon as possible, not later than directly after the end of the fight.</p> <p>Additional 1 point will be given by the referee respectively for:</p> <ul style="list-style-type: none"> → Kick to the head → Opponent leaves the ring after successful attack or avoiding the fight → Direct scoring technique causing standing count or direct scoring technique causing a knockdown.
Fouls	<p>The Referee can issue a warning to a competitor according to his/her own judgement (1-2x) Breaking the rules will be handled by the Referee as follows:</p>
<p>Fouls of lower importance</p> <ul style="list-style-type: none"> ⇒ holding / trapping / throwing / locking ⇒ pushing the opponent ⇒ turning away from the opponent or evading/ducking very low during the fight ⇒ leaving the mat / avoiding the fight by moving along the boundary lines ⇒ intentional falling ⇒ attacking illegal targets ⇒ using illegal techniques ⇒ "dirty" way of fighting <p>directly↓</p> <p>1. verbal warning in case of repeated offence↓</p> <p>2. red or blue card (minus point)</p>	<p>Major fouls</p> <ul style="list-style-type: none"> ⇒ uncontrolled, powerful attack to the head ⇒ powerful attack to illegal targets ⇒ attacking a fallen opponent ⇒ attacking after the break or stop command <p>directly↓</p> <p>1. red or blue card (minus point)</p> <p>2. if the opponent is unable to continue as a result of a foul = DISQUALIFICATION</p>
<p><u>Following offences will be also considered fouls:</u></p> <ul style="list-style-type: none"> ⇒ striking with spearhand, ridgehand, knifehand, knee, elbow, head ⇒ misconduct by the fighter or his coach (e.g. cursing, blocking the area, illegal protests etc.) 	

Knock-Out (K.O.) Knock-Down	Only after the competitor has been knocked down as a result of a legal scoring technique, or if the technique caused a visible shock to the competitor who has been hit, the referee stops the bout and counts to 9. If the competitor is still unable to continue before the referee counts to 10, the match ends with K.O. Knockdown is defined as a situation, when as a result of the legal scoring technique of the opponent any part of the body other than the soles touches the ground.
Injury Technical K.O.	In case of an injury which is not a result of a foul the match and the time keeping will be stopped and resumed after a (limited) time for medical help. If the injured competitor is unable to continue, but his/her injury is not a result of the opponent's foul, the injured competitor loses the match through „technical K.O.“. It is also possible to decide the winner according to the score at the moment of the injury.
Referee stops contest R.S.C.	In some situations the referee can declare a competitor a winner before the match is over. The objective is to protect the health of a visible weaker competitor who has been knocked down several times or received blows that caused trembling shock
Draw	If the match ends with a „total“ draw in both valid points and minus points, there will be one additional round, except for the situation, when one competitor received more scores from the single judges (according to the electronic system). If there is still a draw, the golden point rule applies (the competitor who scores first point wins). If the match ends with a draw, but the valid points and minus points of both competitors are not equal, the fighter with more valid points wins. In special situations the jury decides the winner by majority vote.
Protest	Only the coach is allowed to protest to the Head Referee. The protest must be in written form, not later than directly after the end of the given match. Protests can be made against errors in applying the competition rules or errors in the pool lists, but not against the particular scores given by one or more judges, and has to be submitted with the prescribed fee. The Head Referee decision about accepting or not accepting the protest is final.
Electronic scoring	The rules for electronic scoring are issued separately. The scoring system can be set to „closed scoring“, this means that the results will be displayed on the scoreboard only at the end of the round or the match. Also <u>open scoring</u> is possible, this means that the scores for correct attacks are shown directly on the scoreboard during the whole match.

EURO TAEKWONDO FEDERATION (ETF)

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